Book Review

**David J. Chalmers: The Character of Consciousness**

The Character of Consciousness

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**ABSTRACT**

It’s a good, helpful book; what the content lacks in novelty it makes up in clarity. Chalmers has a persuasive style, and his expositions come across as moderate and sensible (perhaps the reduced epiphenomenalism helps a bit). It’s surprising that the denial of materialism (surely the dominant view of our time) can seem so common sense.

**Key Words:** consciousness, character, David Chalmers, materialism, dualism, hard problem, neural correlates of consciousness.

_The Conscious Mind_ was something of a blockbuster, as serious philosophical works go, so a big new book from David Chalmers is undoubtedly an event. Anyone who might have been hoping for a recantation of his earlier views, or a radical new direction, will be disappointed – Chalmers himself says he is a little less enthusiastic about epiphenomenalism and a little more about a central place for intentionality, and that’s about it. _The Character of Consciousness_ is partly a consolidation, bringing together pieces published separately over the last few years; but the restatement does also show how his views have developed, broadening into new areas while clarifying and reinforcing others.

What are those views? Chalmers begins by setting out again the Hard Problem (a term with which his name will forever be associated) of explaining phenomenal experience – why is it that ‘there is something it is like’ to experience colours, sound, anything? The key point is that experience is simply not amenable to the kind of reductive explanation which science has applied elsewhere; we’re not dealing with functions or capacities, so reduction can gain no traction. Chalmers notes – justly, I’m afraid – that many accounts which offer to explain the problem actually go on to consider one or other of the simpler problems instead (more contentiously he quotes the theories of Crick and Koch, and Bernard Baars, as examples). In this initial exposition Chalmers avoids quoting the picturesque thought experiments which are

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usually used, but the result is clear and readable; if you never read *The Conscious Mind* I think you could perhaps start here instead.

He is not, of course, content to leave subjective experience an insoluble mystery and offers a programme of investigation which (to drastically over-simplify) relies on some basic correspondences between the kind of awareness which is amenable to scientific investigation and the experience which isn’t. Getting at consciousness this way naturally tends to tell us about the aspects which relate to awareness rather than the inner nature of consciousness itself: on that, Chalmers tentatively offers the idea that it might be a second aspect of information (in roughly the sense defined by Claude Shannon). I’m a little wary of information in this sense having a big metaphysical role – for what it’s worth I believe Shannon himself didn’t like his work being built on in this direction.

The next few chapters, following up on the project of investigating ineffable consciousness through its effable counterparts, deal with the much-discussed search for the neural correlates of consciousness (NCC). It’s a careful and not excessively over-optimistic account. While some simple correspondences between neural activity and specific one-off experiences have long been well evidenced, I’m pessimistic myself about the possibility of NCCs in any general, useful form. I doubt whether we would get all that much out of a search for the alphabetic correlates of narrative, though we know that the alphabet is in some sense all you need, and the case of neurons and consciousness is surely no easier. Chalmers rightly suggests we need principles of interpretation: but once we’ve stopped talking about a decoding and are talking about an interpretation instead, mightn’t the essential point have slipped through our fingers?

The next step takes us on to ontology. In Chalmers’ view, the epistemic gap, the fact that knowledge about the physics does not entail knowledge of the phenomenal, is a sign that there is a real, ontological gap, too. Materialism is not enough: phenomenal experience shows that there’s more. He now gives us a fuller account of the arguments in favour of qualia, the items of phenomenal experience, being a real problem for materialism, and categorises the positions typically taken (other views are of course possible).

- **Type A Materialism** denies the epistemic gap: all this stuff about phenomenal experience is so much nonsense.
- **Type B Materialism** accepts the epistemic gap, but thinks it can be dealt with within a materialist framework.
- **Type C Materialism** sees the epistemic gap as a grave problem, but holds that in the limit, when we understand things better, we’ll understand how it can be reconciled with materialism.

In the other camp we have non-materialist views.

- Type D dualism puts phenomenal experience outside the physical world, but gives it the power to influence material things,
- Type E Dualism, epiphenomenalism, also puts phenomenal experience outside the physical world, but denies that it can affect material things; it is a kind of passenger.

Finally we have the option that Chalmers appears to prefer:
• Type F monism (not labelled as a materialism, you notice, though arguably it is). This is the view that consciousness is constituted by the intrinsic properties of physical entities: Chalmers suggests it might be called Russellian monism.

The point, as I understand it, is that we normally only deal with the external, ‘visible’ aspects of physical things: perhaps phenomenal experience is what they are intrinsically like in themselves – inside, as it were. I like this idea, though I suspect I come at it from the opposite direction: to Chalmers, it seems to mean something like those experiences you’re having – well, they’re the kind of thing that constitutes reality whereas to me it’s more you know reality – well that’s what you’re actually experiencing. Chalmers’ way of looking at it has the advantage of leaving him positioned to investigate consciousness by proxy, whereas I must admit that my point of view tends to leave me with no way into the question of what intrinsic reality is and makes mysterian scepticism (which I don’t like any more than Chalmers) look regrettably plausible.

Now Chalmers expounds the two-dimensional argument by which he sets considerable store. This is an argument intended to help us get from an epistemic gap to an ontological one by invoking two-dimensional semantics and more sophisticated conceptions of possibility and conceivability. It is as technical as that last sentence may have suggested. To illustrate its effects, Chalmers concentrates on the conceivability argument: this is basically the point often dramatised with zombies, namely that we can conceive of a world, or people, identical to the ones we’re used to in all physical respects but completely without phenomenal experience. This shows that there is something over and above the physical account, so materialism is false. One rejoinder to this argument might be that the world is under no obligations to conform with our notions of what is conceivable; Chalmers, by distinguishing forms of conceivability and of possibility, and drawing out the relations between them, wants to say that in certain respects it is so obliged, so that either materialism is false or Russellian monism is true. (Lack of space – and let’s be honest, brains – prevents me from giving a better account of the argument at the moment.)

Up to this point the book maintains a pretty good overall coherence, although Chalmers explicitly suggests that reading it straight through is only one approach and unlikely to be the best for most readers; from here on in it becomes more clearly an anthology of related pieces.

Chalmers gives us a new version of Mary the Colour Scientist (no constraint about the old favourites in this part of the book) in Inverted Mary. When original Mary sees a tomato for the first time she discovers that it causes the phenomenal experience of redness: when inverted Mary sees a tomato (we must assume that it is the same one, not a less ripe version) she discovers that it causes the phenomenal experience of greenness. This and similar arguments have the alarming implication that the ineffability of qualia, of phenomenal experience, cannot be ring-fenced: it spills over at least into the intentionality of Mary’s knowledge and beliefs, and in fact evidently into a great deal of what we think, say and believe. This looks worrying, but on reflection I’m not sure it’s such big news as it seems; it’s inherent in the whole problem of qualia that when we both look at a tomato I have no way of being sure that what you experience – and refer to – as red is the same as the thing I’m talking about. More comfortingly Chalmers goes on to defend a certain variety of infallibility for direct phenomenal beliefs.

Further chapters provide more evidence of Chalmers’ greater interest in intentionality: he reviews several forms of representationalism, the view that phenomenal experience has some
intentional character (that is, it’s about or indicates something) and defends a narrow variety. He offers us a new version of the Garden of Eden, here pressed into service as a place where our experiences are direct and perfectly veridical. Chalmers uses the notion of Edenic content as a tool to break apart the constituents of experience; in fact, he seems eventually to convince himself that Edenic content is not only possible but fundamental, possibly the basis of perceptual experience. It’s an interesting idea.

Included here too is a nice piece on the metaphysics of the Matrix (the film, that is). Chalmers entertainingly (and surely rightly) argues that the proposition that we are living in a matrix, a virtual reality world, is not sceptical, but metaphysical. It’s not, in fact, that we disbelieve in the world of the matrix, rather that we entertain some hypotheses about its ontological underpinnings. Even bits are things.

The book rounds things off with an attempt (co-authored with Tim Bayne) to sort out some of the issues surrounding the unity of consciousness, distinguishing access and phenomenal unity along the lines of Ned Block’s distinction between access and phenomenal consciousness, and upholding the necessity of phenomenal unity at least.

It’s a good, helpful book; what the content lacks in novelty it makes up in clarity. Chalmers has a persuasive style, and his expositions come across as moderate and sensible (perhaps the reduced epiphenomenalism helps a bit). It’s surprising that the denial of materialism (surely the dominant view of our time) can seem so common sense.