Realization

The One Light that Shines through All the Drops

Steven E. Kaufman^{*}

ABSTRACT

Know yourself not as just one of the many drops that rests on the leaves after a rain. Know your Self instead as the One Light, the Light of Consciousness, that shines through all the drops, and there will then be no mistake in Identity, since the Light cannot seem to possess That which It already Knows Itself to Be.

Key Words: One Light, shine, Consciousness.

Know yourself not As just one of the many drops That rests on the leaves After a rain.

Know yourself instead As the One Light That shines through all the drops.

When you know yourself as just a drop, And the Light shines through, Then you think, "the light is mine!"

But when you Know yourself as the Light, And the Light shines through, Then you Know, "I am the Light."

When you think, "the light is mine," It then seems that the Light is something That the drop possesses.

And so then, What is not really what you are Seems to possess What you really are.

^{*}Correspondence: Steven E. Kaufman, Independent Researcher. <u>http://www.unifiedreality.com</u> E-mail: <u>skaufman@unifiedreality.com</u>

So it is that, The form you think you are Seems to possess The Consciousness you really Are.

The drop-self, Because it is not really what you are, Always feels that something is missing, Always senses that it is incomplete, But never looks for what is missing, In what it already seems to possess.

For how can Consciousness Be what is missing, When it is already possessed By the drop-self?

And so it is that What we truly Are Becomes hidden, And so seems to be missing, While remaining always In plain sight.

And so it is that What we truly Are Is not actually missing, But has just been misidentified, And so appears As something other Than what we are.

It is as if we are children And our mother stands right before us, But we mistake her for someone else, And so we run around crying, "Where is my mother?"

But we do not cry "Where is my mother?" For it is not our mother That is missing.

Rather, it is our true Self That seems to have gone missing. And so we cry, Who am I? What am I? Where am I? And the answer is always the same, Once we are able to hear it.

I am right here Where I have always been.

I never went anywhere, I just got mistaken for something else, for something other than I, Once it seemed that I was possessed by an i, By a form, That I was not, That I am not.

So know yourself not As just one of the many drops That rests on the leaves After a rain.

Know your Self instead As the One Light, The Light of Consciousness, That shines through all the drops, And there will then be No mistake in Identity, Since the Light cannot seem to possess That which It already Knows Itself to Be.